

# B1352 Bachelor of Sport and Exercise Science / Bachelor of Science (Psychology)

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Start Date: Semester 2 2024

Year 1 – 2024			Semester 2 Units		CP	
			EXS102 Human Physiology		3	
			EXS116 Functional Human Anatomy		3	
			PSY173 Introduction to Psychological Research Methods		3	
			SAH100 Foundation Skill for Studies in Allied Health		3	
		<b>Total</b>		<b>12</b>		
Year 2 - 2025	Semester 1 Units		CP	Semester 2 Units		CP
	BMS101 Introduction to the Human Body		3	EXS205 Acquisition of Motor Skills		3
	EXS124 Introduction to Sports Science		3	PSY285 Psychology: Social Bases of Behaviour		3
	MSP100 Career Learning: Managing Your Career		3	PSY294 Psychology: Cognitive Processes		3
	PSY141 Introduction to Psychological Science		3	MSP200 Career Learning: Managing Your Career, OR, MSP201 Building Enterprise Skills Real World Learning,* OR, MSP202 The Search for Everything: Data Analytics and Storytelling in the Twenty-First Century		3
		<b>Total</b>	<b>12</b>	<b>Total</b>	<b>12</b>	
Year 3 - 2026	Semester 1 Units		CP	Semester 2 Units		CP
	BSC201 Psychology: Measurement, Design and Analysis		3	BSC302 Advanced Qualitative Research Methods		3
	EXS201 Sport and Exercise Psychology		3	EXS204 Biomechanics 1		3
	EXS203 Health, Fitness and Performance Assessment		3	EXS301 Advanced Sport and Exercise Psychology		3
	PSY101 Introduction to Cultural Psychology		3	PSY396 Psychology: Cognitive and Developmental Neuroscience		3
		<b>Total</b>	<b>12</b>	<b>Total</b>	<b>12</b>	
Year 4 - 2027	Semester 1 Units		CP	Semester 2 Units		CP
	EXS202 Exercise Physiology 1		3	EXS302 Exercise Physiology 2		3
	EXS223 Strength and Resistance Training		3	EXS304 Biomechanics 2		3
	PSY251 Psychology: Biological Bases of Behaviour		3	PSY388 Psychology: Abnormal Behaviour		3
	PSY286 Psychology: Human Development		3	EXS309 Exercise Science Practicum**		0
		<b>Total</b>	<b>12</b>	<b>Total</b>	<b>9</b>	
Year 5 - 2028	Semester 1 Units		CP			
	EXS303 Exercise Programming and Prescription		3			
	EXS305 Advanced Skills and Motor Control		3			
	EXS306 Physical Assessment and Rehabilitation		3			
	EXS309 Exercise Science Practicum**		3			
	PSY391 Psychology: Individual Difference in Performance		3			
		<b>Total</b>	<b>15</b>			

**TOTAL CREDIT POINTS 96**

## Notes

\*MSP201 is not a self-enrolled unit and requires an approved application to grant enrolment. Students are required to organise their real-world learning experience prior to application for enrolment. See more info about the unit, eligibility, and application deadlines in the Handbook.

\*\*EXS309 is a full year unit; you enrol in it in semester 2, 2027, and exit it in semester 1, 2028.

**Please note:** This course plan is a sample only and must be read in conjunction with the full course structure, unit prerequisites and enrolment options as outlined in the [Handbook](#). Students should note that due to unit prerequisites, commencing study in Semester 2 may extend the duration of the course. This information is correct as at 24/04/24.