

# B1352 Bachelor of Sport and Exercise Science / Bachelor of Science (Psychology)

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Start Date: Semester 1 2024

Year 1 – 2024	<b>Semester 1 Units</b>	<b>CP</b>	<b>Semester 2 Units</b>	<b>CP</b>
	BMS101 Introduction to the Human Body	3	EXS102 Human Physiology	3
	EXS124 Introduction to Sports Science	3	EXS116 Functional Human Anatomy	3
	PSY141 Introduction to Psychological Science	3	MSP100 Career Learning: Managing Your Career	3
	SAH100 Foundation Skill for Studies in Allied Health	3	PSY173 Introduction to Psychological Research Methods	3
	<b>Total</b>	<b>12</b>	<b>Total</b>	<b>12</b>
Year 2 - 2025	<b>Semester 1 Units</b>	<b>CP</b>	<b>Semester 2 Units</b>	<b>CP</b>
	BSC201 Psychology: Measurement, Design and Analysis	3	EXS205 Acquisition of Motor Skills	3
	EXS201 Sport and Exercise Psychology	3	PSY294 Psychology: Cognitive Processes	3
	EXS203 Health, Fitness and Performance Assessment	3	PSY285 Psychology: Social Bases of Behaviour	3
	PSY101 Introduction to Cultural Psychology	3	MSP200 Career Learning: Managing Your Career, or MSP201 Building Enterprise Skills Real World Learning or MSP202 The Search for Everything: Data Analytics and Storytelling in the Twenty-First Century	3
	<b>Total</b>	<b>12</b>	<b>Total</b>	<b>12</b>
Year 3 - 2026	<b>Semester 1 Units</b>	<b>CP</b>	<b>Semester 2 Units</b>	<b>CP</b>
	EXSA202 Exercise Physiology 1	3	BSC302 Advanced Qualitative Research Methods	3
	EXS223 Strength and Resistance Training	3	EXS204 Biomechanics 1	3
	PSY251 Psychology: Biological Bases of Behaviour	3	EXS301 Advanced Sport and Exercise Psychology	3
	PSY286 Psychology: Human Development	3	PSY396 Psychology: Cognitive and Developmental Neuroscience	3
	<b>Total</b>	<b>12</b>	<b>Total</b>	<b>12</b>
Year 3 - 2027	<b>Semester 1 Units</b>	<b>CP</b>	<b>Semester 2 Units</b>	<b>CP</b>
	EXS303 Exercise Programming and Prescription	3	EXS302 Exercise Physiology 2	3
	EXS305 Advanced Skills and Motor Control	3	EXS304 Biomechanics 2	3
	EXS306 Physical Assessment and Rehabilitation	3	PSY388 Psychology: Abnormal Behaviour	3
	EXS309 Exercise Science Practicum	0	EXS309 Exercise Science Practicum**	3
	PSY391 Psychology: Individual Difference in Performance	3		
	<b>Total</b>	<b>12</b>	<b>Total</b>	<b>12</b>

**TOTAL CREDIT POINTS 96**

## Notes

\*\*EXS309 is a full year unit; you enrol in it in semester 1 and exit it in semester 2.

**Please note:** This course plan is a sample only and must be read in conjunction with the full course structure, unit prerequisites and enrolment options as outlined in the [Handbook](#). Students should note that due to unit prerequisites, commencing study in Semester 2 may extend the duration of the course. This information is correct as at 18/10/23.