

# B1415 Bachelor of Sport and Exercise Science / Bachelor of Science (Psychology)

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Start Date: Semester 1 2025

Year 1 – 2025	Semester 1 Units	CP	Semester 2 Units	CP
	BMS101 Introduction to the Human Body	3	EXS102 Human Physiology	3
	EXS124 Introduction to Sports Science	3	EXS116 Functional Human Anatomy	3
	PSY141 Introduction to Psychological Science	3	MSP100 Managing Your Career	3
	SAH100 Foundation Skill for Studies in Allied Health	3	PSY173 Introduction to Psychological Research Methods	3
	<b>Total</b>	12	<b>Total</b>	12
Year 2 – 2026	Semester 1 Units	CP	Semester 2 Units	CP
	EXS201 Sport and Exercise Psychology	3	EXS205 Acquisition of Motor Skills	3
	EXS203 Health, Fitness and Performance Assessment	3	PSY285 Social Psychology	3
	PSY101 Introduction to Cultural Psychology	3	PSY294 Cognitive Psychology	3
	PSY202 Psychological Research Methods	3	PSY388 Psychological Conditions	3
	<b>Total</b>	12	<b>Total</b>	12
Year 3 – 2027	Semester 1 Units	CP	Semester 2 Units	CP
	EXS202 Exercise Physiology 1	3	EXS204 Biomechanics 1	3
	EXS223 Strength and Resistance Training	3	EXS301 Advanced Sport and Exercise Psychology	3
	PSY251 Biological Psychology	3	PSY301 Advanced Psychological Research Methods	3
	PSY286 Developmental Psychology	3	MSP200 Career Learning: Managing Your Career, or MSP201 Building Enterprise Skills Real World Learning* or MSP202 The Search for Everything: Data Analytics and Storytelling in the Twenty-First Century or PSY380 Psychology Research Placement***	3
	<b>Total</b>	12	<b>Total</b>	12
Year 4 – 2028	Semester 1 Units	CP	Semester 2 Units	CP
	EXS303 Exercise Programming and Prescription	3	EXS302 Exercise Physiology 2	3
	EXS305 Advanced Skills and Motor Control	3	EXS304 Biomechanics 2	3
	EXS306 Physical Assessment and Rehabilitation	3	PSY396 Psychology: Cognitive and Developmental Neuroscience OR PSY382 Psychology of Ageing*	3
	PSY391 Psychology: Individual Difference in Performance	3		
	EXS309 Exercise Science Practicum***	0	EXS309 Exercise Science Practicum**	3
	<b>Total</b>	12	<b>Total</b>	12

**TOTAL CREDIT POINTS 96**

## Notes

\* Either of PSY396 Psychology: Cognitive and Developmental Neuroscience OR PSY382 Psychology of Ageing may be taken.

\*\*EXS309 is a full year unit; you enrol in it in semester 1 and exit it in semester 2.

\*\*\*At least two of MSP200, MSP201, MSP202, COM208, COM203} are required for Murdoch Career Learning Spine. MSP201 is not a self-enrolled unit and requires an approved application to grant enrolment. Students are required to organise their real-world learning experience prior to application for enrolment. See more info about the unit, eligibility, and application deadlines in the Handbook. One of those units can be replaced with PSY380, but there are eligibility requirements for PSY380 and students cannot self-enrol in that unit.

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**Please note:** This course plan is a sample only and must be read in conjunction with the full course structure, unit prerequisites and enrolment options as outlined in the [Handbook](#). Students should note that due to unit prerequisites, commencing study in Semester 2 may extend the duration of the course. This information is correct as at 07/01/2025.