

B1352 Bachelor of Sport and Exercise Science / Bachelor of Science (Psychology)

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Start Date: Semester 2 2025

Year 1 – 2025			Semester 2 Units		CP	
			PSY141 Introduction to Psychological Science		3	
			EXS116 Functional Human Anatomy		3	
			PSY173 Introduction to Psychological Research Methods		3	
			SAH100 Foundation Skill for Studies in Allied Health		3	
			Total		12	
Year 2 - 2026	Semester 1 Units		CP	Semester 2 Units		CP
	PSY101 Introduction to Cultural Psychology		3	EXS205 Acquisition of Motor Skills		3
	EXS124 Introduction to Sports Science		3	PSY285 Psychology: Social Bases of Behaviour		3
	MSP100 Career Learning: Managing Your Career		3	PSY294 Psychology: Cognitive Processes		3
	EXS102 Human Physiology		3	EXS101 Principles of coaching		3
	Total		12	Total		12
Year 3 - 2027	Semester 1 Units		CP	Semester 2 Units		CP
	PSY202 Psychological Research Methods		3	PSY301 Advanced Psychological Research Methods		3
	EXS201 Sport and Exercise Psychology		3	EXS204 Biomechanics 1		3
	EXS203 Health, Fitness and Performance Assessment		3	EXS301 Advanced Sport and Exercise Psychology		3
	EXS223 Strength and Resistance Training		3	PSY388 Psychology: Abnormal Behaviour		3
	Total		12	Total		12
Year 4 - 2028	Semester 1 Units		CP	Semester 2 Units		CP
	EXS202 Exercise Physiology 1		3	EXS302 Exercise Physiology 2		3
				EXS304 Biomechanics 2		3
	PSY251 Psychology: Biological Bases of Behaviour		3	PSY396 Psychology: Cognitive Neuroscience OR PSY382 Psychology of Ageing*		3
	PSY286 Psychology: Human Development		3	EXS309 Exercise Science Practicum**		0
	EXS305 Advanced Skills and Motor Control		3	MSP200 Career Learning: Managing Your Career, or MSP201 Building Enterprise Skills Real World Learning* or MSP202 The Search for Everything: Data Analytics and Storytelling in the Twenty-First Century or PSY380 Psychology Research Placement***		3
	Total		12	Total		12
Year 5 - 2029	Semester 1 Units		CP			
	EXS303 Exercise Programming and Prescription		3			
	PSY391 Psychology: Individual Difference in Performance		3			
	EXS306 Physical Assessment and Rehabilitation		3			
	EXS309 Exercise Science Practicum**		3			
	Total		12			

TOTAL CREDIT POINTS 96

Notes

* Either of PSY396 Psychology: Cognitive and Developmental Neuroscience OR PSY382 Psychology of Ageing may be taken.

**EXS309 is a full year unit; you enrol in it in semester 1 and exit it in semester 2.

***At least two of MSP200, MSP201, MSP202, COM208, COM203} are required for Murdoch Career Learning Spine. MSP201 is not a self-enrolled unit and requires an approved application to grant enrolment. Students are required to organise their real-world learning experience prior to application for enrolment. See more info about the unit, eligibility, and application deadlines in the Handbook. One of those units can be replaced with PSY380, but there are eligibility requirements for PSY380 and students cannot self-enrol in that unit

Please note: This course plan is a sample only and must be read in conjunction with the full course structure, unit prerequisites and enrolment options as outlined in the [Handbook](#). Students should note that due to unit prerequisites, commencing study in Semester 2 may extend the duration of the course. This information is correct as at 09/06/25.