

Bachelor of Sport and Exercise Science and Graduate Diploma in Clinical Exercise Physiology (B1349)

For students commencing in Semester 1 2019 at the South Street, Murdoch Campus

This sample study plan is based on the 2019 course structure and offerings. It is the responsibility of students to ensure the correct availability of units in each semester of each academic year.

Academic Chair: Dr Yvonne Learmonth (Yvonne.Learmonth@murdoch.edu.au)

	Semester 1		Semester 2	
Year 1	BSC100 Building Blocks for Science Students	3pts	MSP100 Managing Your Career	3pts
	EXS124 Introduction to Sports	3pts	EXS102 Human Physiology	3pts
	BMS101 Introduction to the Human Body	3pts	PSY172 Introduction to Health and Wellbeing	3pts
	Option	3pts	EXS116 Functional Human Anatomy	3pts
		12pts		12pts
Year 2	EXS201 Sport and Exercise Psychology	3pts	MSP200 Building Enterprise Skills	3pts
	EXS203 Health, Fitness, and Performance Assessment	3pts	BSC206 Introduction to Research Methods and Evidence Based Practice	3pts
	EXS202 Exercise Physiology I	3pts	EXS204 Biomechanics I	3pts
	EXS223 Strength and Resistance Training	3pts	EXS205 Acquisition of Skills and Motor Control	3pts
		12pts		12pts
Year 3	BSC306 Research and Evidence	3pts	EXS301 Advanced Sport and Exercise Psychology	3pts
	EXS303 Exercise, Programming, and Prescription	3pts	EXS302 Exercise Physiology 2	3pts
	EXS305 Advanced Skills and Motor Control	3pts	EXS304 Biomechanics 2	3pts
	EXS306 Physical Assessment and Rehabilitation	3pts	EXS309 Exercise Science Practicum (Full year)	3pts
		12pts		12pts
Year 4	The 4th year is split into trimesters instead of semesters. Please refer to handbook to see exact teaching periods.			
	EXS501 Cardiopulmonary Rehabilitation	3pts	EXS504 Advanced Topics in Exercise Physiology	3pts
	EXS502 Metabolic Rehabilitation	3pts	EXS590 Research Methods for Exercise Science	3pts
	EXS503 Neuromuscular Rehabilitation	3pts	EXS509 Exercise Physiology Practicum	6pts
	EXS505 Clinical Research in Exercise Physiology	3pts		
		12pts		12pts

Students completing this sequence will be eligible to register as an Accredited Exercise Physiologist with Exercise and Sports Science Australia.

In order to continue in the integrated award, students must maintain a minimum course GPA of 2.0 after completing the first 24 points of study.