C1176 Graduate Certificate in High Performance Sport

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Start Date: Trimester 1 2027

Year 1 – 2026	Trimester 1 Units	CP	Trimester 2 Units	CP	Trimester 3 Units	CP
	EXS510 Advanced Strength and Conditioning and Coaching Science	3	EXS590 Research Methods for Exercise Science	3		
	EXS511 Testing and Monitoring in High Performance Sport	3	EXS512 Advanced Topics in Sports Science *		EXS512 Advanced Topics in Sports Science *	3
	Total	6	**Total**	3	**Total**	3

TOTAL CREDIT POINTS 12

Notes

* EXS512 runs across two trimesters; you enrol in it in trimester 2 and exit it in trimester 3. The credit points indicated above represent when the unit is completed, rather than the workload associated with each trimester (which is evenly spread throughout trimesters 2 and 3).

Please note: This course plan is a sample only and must be read in conjunction with the full course structure, unit prerequisites and enrolment options as outlined in the Handbook. Students should note that due to unit prerequisites, commencing study in Trimester 2 or 3 may extend the duration of the course. This information is correct as at 29/10/2026.