

Academic Chair: [Emma Gibbs](#)

Start Date: Semester 2 2026

Full-time Plan (MID YEAR ENTRY CANNOT BE COMPLETED FULL TIME)

Year 1 – 2026	Semester 1 Units		CP	Semester 2 Units		CP
					CSL576 Intro to Creative Arts Therapies	
				CSL505 Professional Counselling Skills		3
		Total	0		Total	12
Year 2 - 2027	Semester 1 Units		CP	Semester 2 Units		CP
		CSL575 Expressive Arts Therapies	3		CSL577 Art Therapy with Children and Adolescents	3
		CSL566 Case Conceptualisation and Assessment in Counselling	3		CSL574 Creative Arts Therapies and Trauma	3
		CSL504 Counselling Theories and Practice	3		SHP632 Applied Health Research Methods: From Research to Practice (Internal/external)	3
		Total	6		Total	6
TOTAL CREDIT POINTS						24

Part-time Plan (example only)

Year 1 – 2026	Semester 1 Units		CP	Semester 2 Units		CP
					CSL505 Professional Counselling Skills	
				CSL576 Intro to Creative Arts Therapies		3
		Total	0		Total	6
Year 2 - 2027	Semester 1 Units		CP	Semester 2 Units		CP
		CSL566 Case Conceptualisation and Assessment in Counselling	3		CSL577 Art Therapy with Children and Adolescents	3
		CSL575 Expressive Arts Therapies	3		CSL574 Creative Arts Therapies and Trauma	3
		Total	6		Total	6
Year 3 – 2028	Semester 1 Units		CP			
		CSL504 Counselling Theories and Practice	3			
		SHP632 Applied Health Research Methods: From Research to Practice (Internal/external)	3			
		Total	6			
TOTAL CREDIT POINTS						24

- Completion of the Graduate Diploma in Creative Arts Therapies (GDCAT) is a requisite for entry into the Master of Creative Arts Therapies (MCAT).
- All units for the GDCAT are required units, there are no electives. Units have requisites which are included below and can be found in the Handbook.

Semester 1 notes	Semester 2 notes
<ul style="list-style-type: none">• CSL575 Expressive Arts Therapies is only offered in Semester 1 and has a corequisite of CSL504.• CSL566 Case Conceptualisation is only offered in Semester 1.• CSL504 Counselling Theories and Practice is only offered in Semester 1.	<ul style="list-style-type: none">• CSL577 Art Therapy with Children and Adolescents is only offered in Sem 2 and has prerequisites/corequisites of CSL505 and CSL576.• CSL574 Creative Arts Therapies and Trauma is only offered in Sem 2 and has prerequisites of CSL504, CSL566 and CSL575, plus corequisites of CSL505, CSL576 and CSL577.

Please note: This course plan is a sample only and must be read in conjunction with the full course structure, unit prerequisites and enrolment options as outlined in the [Handbook](#). Students should note that due to unit prerequisites, commencing study in Semester 2 may extend the duration of the course. This information is correct as at 11/05/2026.