

Academic Chair: [Emma Gibbs](#)

Start Date: Semester 1 2025

Full-time Plan

Year 1 – 2025	Semester 1 Units	CP	Semester 2 Units	CP
	CSL582 Principles of Counselling 1	6	CSL576 Introduction to Creative Arts Therapies in Counselling	3
	CSL566 Case Conceptualisation and Assessment in Counselling	3	CSL577 Art Therapy with Children and Adolescents	3
	CSL575 Expressive Arts Therapies	3	CSL574 Creative Arts Therapies and Trauma	3
			SHP632 Applied Health Research Methods: From Research to Practice (Internal/external)	3
	Total	12	Total	12

TOTAL CREDIT POINTS 24

Part-time Plan (example only)

Year 1 – 2025	Semester 1 Units	CP	Semester 2 Units	CP
	CSL582 Principles of Counselling 1	6	CSL566 Case Conceptualisation and Assessment in Counselling	3
			CSL576 Introduction to Creative Arts Therapies in Counselling (prereq/coreq: CSL582 and CSL566)	3
	Total	6	Total	6
Year 2 – 2026	Semester 1 Units	CP	Semester 2 Units	CP
	CSL575 Expressive Arts Therapies (pre-req/co-req: CSL582)	3	CSL577 Art Therapy with Children and Adolescents (prereq/coreq: CSL582, CSL566 and CSL576)	3
	SHP632 Applied Health Research Methods: From Research to Practice (Internal/external)	3	CSL574 Creative Arts Therapies and Trauma (prereq/coreq: CSL582, CSL575, CSL566, CSL576 and CSL577)	3
	Total	6	Total	6

TOTAL CREDIT POINTS 24

- Completion of the Graduate Diploma in Creative Arts Therapies (GDCAT) is a requisite for entry into the Master of Creative Arts Therapies (MCAT).
- All units for the GDCAT are required units, there are no electives. Units have requisites which are included above and can be found in the Handbook.
- The GDCAT units are listed in the table above in the sequence in which they should be studied.

Semester 1 notes	Semester 2 notes
<ul style="list-style-type: none"> • CSL575 Expressive Arts Therapies is only offered in Sem 1 and has a prerequisite of CSL582. • CSL576 Introduction to Creative Arts Therapies in Counselling has a prerequisite of CSL582 and a corequisite of CSL566. 	<ul style="list-style-type: none"> • CSL577 Art Therapy with Children and Adolescents is only offered in Sem 2 and has prerequisites/corequisites of CSL582, CSL566 and CSL576. • CSL574 Creative Arts Therapies and Trauma is only offered in Sem 2 and has prerequisites of CSL582 and CSL575, plus corequisites of CSL566, CSL576 and CSL577.

Please note: This course plan is a sample only and must be read in conjunction with the full course structure, unit prerequisites and enrolment options as outlined in the [Handbook](#). Students should note that due to unit prerequisites, commencing study in Semester 2 may extend the duration of the course. This information is correct as at 31/10/2024.