

G1081 – Graduate Diploma in Creative Arts Therapies

Academic Chair: [Emma Gibbs](#)

Start Date: Semester 1 2026

Full-time Plan

Year 1 – 2026	Semester 1 Units	CP	Semester 2 Units	CP
	CSL504 Counselling Theories and Practice	3	CSL505 Professional Counselling Skills	3
	CSL576 Intro to Creative Arts Therapies	3	CSL577 Art Therapy with Children and Adolescents	3
	CSL566 Case Conceptualisation and Assessment in Counselling	3	CSL574 Creative Arts Therapies and Trauma	3
	CSL575 Expressive Arts Therapies (co-req CSL504)	3	SHP632 Applied Health Research Methods: From Research to Practice (Internal/external)	3
	Total	12	Total	12

TOTAL CREDIT POINTS 24

Part-time Plan (example only)

Year 1 – 2026	Semester 1 Units	CP	Semester 2 Units	CP
	CSL504 Counselling Theories and Practice	3	CSL505 Professional Counselling Skills	3
	CSL575 Expressive Arts Therapies	3	CSL576 Introduction to Creative Arts Therapies in Counselling	3
	Total	6	Total	6
Year 2 - 2027	Semester 1 Units	CP	Semester 2 Units	CP
	CSL566 Case Conceptualisation and Assessment in Counselling	3	CSL577 Art Therapy with Children and Adolescents	3
	SHP632 Applied Health Research Methods: From Research to Practice (Internal/external)	3	CSL574 Creative Arts Therapies and Trauma	3
	Total	6	Total	6

TOTAL CREDIT POINTS 24

- Completion of the Graduate Diploma in Creative Arts Therapies (GDCAT) is a requisite for entry into the Master of Creative Arts Therapies (MCAT).
- All units for the GDCAT are required units, there are no electives. Units have requisites which are included below and can be found in the Handbook.

Semester 1 notes	Semester 2 notes
<ul style="list-style-type: none"> • CSL575 Expressive Arts Therapies is only offered in Semester 1 and has a corequisite of CSL504. • CSL566 Case Conceptualisation is only offered in Semester 1. 	<ul style="list-style-type: none"> • CSL577 Art Therapy with Children and Adolescents is only offered in Sem 2 and has prerequisites/corequisites of CSL504 and CSL576. • CSL574 Creative Arts Therapies and Trauma is only offered in Sem 2 and has prerequisites of CSL504, CSL566 and CSL575, plus corequisites of CSL505, CSL576 and CSL577.

Please note: This course plan is a sample only and must be read in conjunction with the full course structure, unit prerequisites and enrolment options as outlined in the [Handbook](#). Students should note that due to unit prerequisites, commencing study in Semester 2 may extend the duration of the course. This information is correct as at 31/10/2025.