

Approved by AC on 25/10/2022

Course: M1143 - Master of Counselling

Credit points: 48

Academic Chair: Dr Ben Mullings (ben.mullings@murdoch.edu.au)

The **Master of Counselling** is a 48-credit point course which can be completed within 2 years of full-time study or part-time across 3-4 years. This course is suitable for students who wish to attain qualifications for entry to the profession of counselling recognised by both the Australian Counselling Association (ACA) and PACFA. Entry to the Master of Counselling requires successful completion of the Graduate Diploma in Counselling. Applicants must provide an up to date CV and a brief written statement of up to 750 words (available online at <https://mu-publishing-blob.azureedge.net/mu-publishing/mu-docs/librariesprovider4/default-document-library/personal-statement-template.pdf>). Our selection panel then interviews applicants to assess their suitability and readiness to commence with our training. Places in the Master of Counselling are limited.

Our recommended course plan comprises all units from the Graduate Diploma in Counselling in Year 1. Commencing the Master of Counselling from mid-year is not recommended as it limits training options for the student within a 1+1 training framework. That is, students commencing the Master of Counselling from mid-year are required to enrol in CSL620 Counselling Research Project if they wish to complete the course within 2 years. Given that this is a 9-credit point unit spanning 12 months, the student will not have the optional elective to enrol in CSL674 Trauma Counselling. Students commencing the Master of Counselling from mid-year should understand the CSL620 is a solo research project intended to demonstrate their capacity to carry out independent research, required to apply for PhD studies.

Semester 1 Intake - Standard Recommended Course Plan

	Semester 1		Semester 2	
Year 1	CSL582 Principles of Counselling 1 CSL581 Experiential Learning in Group Counselling CSL566 Case Conceptualisation and Assessment in Counselling 12 points total	6 3 3	CSL576 Introduction to Creative Arts Therapies in Counselling CSL583 Counselling Adults CSL578 Counselling Children and Adolescents SHP632 Applied Health Research Methods: From Research to Practice (Internal/external) 12 points total	3 3 3 3
Year 2	CSL679 Counselling Placement & Supervision Group 1 CSL674 Trauma Counselling (if doing CSL677) CSL620/677 Counselling Research Project 10.5 or 12 points total	6 3 4.5/3	CSL621 Counselling Placement & Supervision Group 2 CSL684 Principles of Counselling 2 CSL620/677 Counselling Research Project 13.5 or 12 points total	6 3 4.5/3

Mid-Year Intake (**not recommended** for students intending to progress to the Master of Counselling)

NOTE: Students must successfully complete all units for the GD in Counselling before they can commence units at the Master of Counselling level (displayed Year 2 in table above). It is recommended that students commence the Master of Counselling in S1 to allow the option for either a year-long solo research project (CSL620) or a year-long group research project (CSL677). Trauma Counselling (CSL677) is only available for students enrolled in CSL677.

	Semester 1	Semester 2	
Year 1		CSL582 Principles of Counselling 1 CSL583 Counselling Adults CSL578 Counselling Children and Adolescents 12 points total	6 3 3

Students should note that if unit prerequisites are required, this may extend the duration of your course.

Disclaimer: This course plan is a sample only and must be read in conjunction with the full course structure, unit prerequisites and enrolment options as per the online [Handbook](#).

Sample Course Plans 2023

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Year 2	CSL566 Case Conceptualisation and Assessment in Counselling	3	CSL679 Counselling Placement and Supervision Group 1	6
	CSL581 Experiential Learning in Group Counselling	3	CSL684 Principles of Counselling 2	3
	CSL576 Introduction to Creative Arts Therapies in Counselling	3	CSL620 Counselling Research Project	4.5
	SHP632 Applied Health Research Methods: From Research to Practice (Internal/external)	3	13.5 points total	
12 points total				
Year 3	CSL621 Counselling placement & supervision Group 2	6		
	CSL620 Counselling Research Project	4.5		
	10.5 points total			

Semester 1 Intake – Part Time Option 1

	Semester 1		Semester 2	
Year 1	CSL582 Principles of Counselling 1	6	CSL566 Case Conceptualisation and Assessment in Counselling	3
	6 points total		CSL583 Counselling Adults	3
			6 points total	
Year 2	CSL581 Experiential Learning in Group Counselling	3	CSL578 Counselling Children and Adolescents	3
	SHP632 Applied Health Research Methods: From Research to Practice (Internal/external)	3	CSL576 Introduction to Creative Arts Therapies in Counselling	3
	6 points total		6 points total	
Year 3	CSL679 Counselling Placement & Supervision Group 1	6	CSL684 Principles of Counselling 2	3
	677 Counselling Research Project	3	677 Counselling Research Project	3
	9 points total		6 points total	
Year 4	CSL621 Counselling Placement & Supervision Group 2	6		
	CSL674 Trauma Counselling	3		
	9 points total			

Other variations to the above course plans are possible. Students need to be aware of the following parameters:

- CSL684 Principles of Counselling 2 is offered in S2 only and CSL679 is a pre-requisite for this unit.
- CSL674 Trauma Counselling is offered in S1 only. This is an elective unit only available if enrolled in CSL677.
- CSL677 Counselling Research Project is a year-long group research project commencing from S1 to S2 only.
- CSL620 Counselling Research Project is a year-long solo research project which may be commenced in S2.

All units can be found in the [handbook](#), under the structure.

Students should note that if unit prerequisites are required, this may extend the duration of your course.

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