M1400 Master of High Performance Sport

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Start Date: Trimester 1 2027

	Trimester 1 Units	CP	Trimester 2 Units	CP	Trimester 3 Units	CP
Year 1 – 2027	EXS510 Advanced Strength and Conditioning and Coaching Science	3	EXS590 Research Methods for Exercise Science	3		
	EXS511 Testing and Monitoring in High Performance Sport	3	EXS512 Advanced Topics in Sports Science *		EXS512 Advanced Topics in Sports Science *	3
	EXS613 Sports Science Practicum **		EXS613 Sports Science Practicum **		EXS613 Sports Science Practicum **	9
	EXS690 Thesis in Sports Science ***		EXS690 Thesis in Sports Science ***		EXS690 Thesis in Sports Science ***	15
	Total	6	**Total**	3	**Total**	27

TOTAL CREDIT POINTS 36

Notes

This course includes units which run across multiple trimesters. The credit points indicated above represent when each unit is completed, rather than the workload associated with each trimester (which is evenly spread throughout each teaching period).

* EXS512 runs across two trimesters; you enrol in it in trimester 2 and exit it in trimester 3
** EXS613 is a full year unit; you enrol in it in trimester 1 and exit it in trimester 3.
*** EXS690 is a full year unit; you enrol in it in trimester 1 and exit it in trimester 3.

Please note: This course plan is a sample only and must be read in conjunction with the full course structure, unit prerequisites and enrolment options as outlined in the Handbook. Students should note that due to unit prerequisites, commencing study in Trimester 2 or 3 may extend the duration of the course. This information is correct as at 29/10/2026.