

N1111 OnTrack Flex Recommended Course Plans

Full-time enrolment plan 2026

Head of University Preparation Pathways: Dr. Noraisha Oyama

Students must pass 4 units to complete Ontrack Flex successfully.

How to Enrol full-time:

Full-time students enrol in all 4 units the semester they enrol in.

Please note that full-time enrolment requires an investment of **40 hours per week** to study (**10 hours per unit**); if you cannot make this commitment, consider enrolling part-time.

Students can drop their number of units and study part-time if they find that the full-time workload does not suit them. Students must make this amendment to their enrolment **before** the Semesters census date.

Semester of your enrolment

Unit 1	Unit 2	Unit 3	Unit 4
Core unit	Core unit	Broad disciplinary unit	Specified disciplinary unit

Units

Core (you need to complete **both**)

- UPP001 Introduction to Uni Culture
- UPP002 Divide and Conquer: Navigating Numeracy in Uni Culture

Broad Disciplinary Unit options (choose **one**)

- UPP003 Knowledge in The Social Sciences, Humanities, and Arts
- UPP004 Knowledge in the Sciences

Specified Disciplinary Unit options (choose **one**)

- UPP005 - Introduction to Health Professions
- UPP006 - Introduction to Education
- UPP007 - Introduction to Criminology and Digital Media
- UPP008 - Introduction to Life Sciences
- UPP009 - Introduction to Business and Innovation

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Recommended pathway for Education students:

Core units	Broad Disciplinary Unit	Specified Disciplinary Unit
UPP001 Introduction to Uni Culture AND UPP002 Divide and Conquer: Navigating Numeracy in Uni Culture	UPP003 Knowledge in the Social Sciences	UPP006 Introduction to Education

Recommended pathway for Digital Media, Arts, Criminology or Communication students:

Core units	Broad Disciplinary Unit	Specified Disciplinary Unit
UPP001 Introduction to Uni Culture AND UPP002 Divide and Conquer: Navigating Numeracy in Uni Culture	UPP003 Knowledge in the Social Sciences	UPP007 Introduction to Criminology and Digital Media

Compulsory pathway for Bachelor of Nursing, recommended for Chiropractic Science and other allied health-related fields:

Core units	Broad Disciplinary Unit	Specified Disciplinary Unit
UPP001 Introduction to Uni Culture AND UPP002 Divide and Conquer: Navigating Numeracy in Uni Culture	UPP004 Knowledge in the Sciences	UPP005 Introduction to Health Professions

Recommended pathway for Life Sciences, Biomedical Science, Forensic Biology, Agriculture, Environmental Science and other related fields:

Core units	Broad Disciplinary Unit	Specified Disciplinary Unit
UPP001 Introduction to Uni Culture AND UPP002 Divide and Conquer: Navigating Numeracy in Uni Culture	UPP004 Knowledge in the Sciences	UPP008 Introduction to Life Sciences

Recommended pathway for Business:

Core units	Broad Disciplinary Unit	Specified Disciplinary Unit
UPP001 Introduction to Uni Culture AND UPP002 Divide and Conquer: Navigating Numeracy in Uni Culture	UPP003 Knowledge in Social Sciences	UPP009 Introduction to Business and Innovation

Please note that successful completion of any listed pathway will grant entry to ATAR 70 undergraduate degrees, unless you are applying for the Bachelor of Nursing whereby you will need to complete the compulsory pathway to be eligible.