

FRESH STARTS PROMOTION

Terms & Conditions

- The Fresh starts promotion applies to the 24/7 gym access membership, including public holidays and unlimited group fitness classes.
- The promotion cannot be combined with any other promotion or gym membership.
- This promotion is from 5th January 2026 to the 15th March 2026.
- New members to the gym will also receive an appraisal and supervised workout to get them started.
- No lock-in contract - enjoy this rate for 3 years (36 months) with the flexibility to cancel anytime, with no cancellation fees.
- The promotion is only available for direct debit options and excludes salary sacrifice.
- The fresh starts promotion rate is valid for 36 months or until a member becomes ineligible i.e. student graduates or staff member leaves. In this case, their rate would convert to the current going rate.
- Normal Gym membership terms & conditions apply.
- Current members on different gym memberships are able to switch to the fresh starts promotion rate provided they currently pay by direct debit.
- Current members who are currently locked into previous Fresh Starts promotion rates are not eligible for the 2026 promotion.
- Upfront members have the option to switch by signing up online for direct debit. Once completed, they will receive a refund for their current membership