

MURDOCH MILLION MOVES CHALLENGE

Terms & Conditions

- Participants must be 18 years old
- The challenge begins on the 1st September and ends on 21st September.
- All moves must be completed and recorded within this period
- To join the challenge, registration must be completed via <https://millionmoves.org.au/murdoch-active>
- All moves must be manually logged onto the <https://millionmoves.org.au/> website.
- Participants aim to complete 75 moves each day, for 21 days. A move is defined as steps, reps, meters - any movement of your choice.
- The team's progress can be tracked via the platform leaderboard.
- Participants are responsible for ensuring they are physically fit to undertake the challenge
- The organiser is not responsible for any injury, illness or medical condition arising from participation.
- Cheating, data manipulation, or any other unethical behaviour will result in disqualification.
- The organiser reserves the right to remove or ban participants for violating rules.